

Vowels and Consonants of the Sanskrit and Tibetan Alphabets:

OM A AH I IH U UH RI RHI LI LHI E EH O OH ANG AH/
KA KHA GA GHA NGA/ TSA TSHA DZA DHA NYA/
TRA THRA DRA DHRA NA/ TA THA DA DHA NA/ PA PHA BA BHA MA/
YR RA LA WA/ SHA KHA SA HA KHYA SWAHA

Mantra of Independent Origination:

OM YE DHARMA HETU PRABHAVA/ HETUN TEKHAN TATHAGATO/
HYAWADATA/ TEKHANTSA YO NIRODHA / EWAM WADI MAHA
SHRAMA NAYE SWAHA

Increasing Benefit Mantra:

KöN TSHO SUM LA TSHAG TSAL LO
NAMO MANJUSHRIJE, NAMO SUSHRIJE, NAMO UTTAMA SHRIJE SOHA

淨口咒

喻 阿阿 依依 烏烏 日日 利利 誼誼 喔喔 盎阿
嘎卡嘎噶昂 雜擦札雜娘 搭他答打那 達他答打那 巴帕拔爬麻
啞日拉哇 下卡撒哈擦耶 梭哈

緣起咒

喻耶達瑪，黑德扎巴瓦，黑敦爹堪 達塔嘎多
哈亞巴達 爹堪匝友呢若達，誼旺巴德 瑪哈夏瑪 納耶 索哈

增長咒

三寶尊前我頂禮。
拿摩曼殊西利耶，拿摩殊西利耶，拿摩烏大瑪西利耶梭哈。